

Fax: (718)676-4134

2952 Brighton 3rd Street, Brooklyn NY 11235

https://primefitnessphysicaltherapy.com evaynshtok@yahoo.com

CONFIDENTIAL NEW PATIENT QUESTIONNAIRE

I. PATIENT DEMOGRAPHICS

Last Name:	First Name:		
Address:	City:	State:	Zip:
Phone: ()	Email:		
Age: Date of Birth: Marital Status: S M D W_	Sex: M F	SS#	
Marital Status: S M D W_	Spouse Name:		
Primary Care Physician:			
Address:	Pho	ne:	
Emergency Contact: Emergency Contact Phone:	Relationsh	nip:	
Emergency Contact Phone:	Last Time Rece	ived Physical S	Service//
II. THIS INFORMATION MUST BE			
Insured's Name:	Ir	nsureds SS#	
Insured's Name:	SpouseChild Insurar	nce Company: _	
Insurance ID#:	Insurance Group #:		
Address:	Phone:		
Referred By:	Referred Phone:		
III.	SECONDARY INSURANCE	<u>E</u>	
Insured's Name: :	Insured's SS	#: -	-
Insured's Name: :SelfSelf	Spouse Child Insurar	nce Company:	
Insurance ID #:	Insurance Group	» #:	
Address:	Phone	e:	
Are you currently working? Yes/No Limit	ed Duty:		
IV.	INJURY INFORMATION	[
Where did the injury occur: Work:	Car Accident: Other:	_ Date of Acc	ident:
Do you have an attorney? Yes No: How did injury occur?	Attorney:	Phone:	

CONTINUED ON THE NEXT PAGE



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PATIENT MEDICAL HISTORY

Do you smoke? Yes	No			Are you Pregnant? Yes	No	No		
	M	edical Hi	story – N	Mark one box for each item				
	No	Yes – Under a	Yes – Over a		No	Yes – Under a	Yes – Over a	
4.11 T		year	year			year	year	
Allergy to Latex				Allergy to Other				
Angina				Arthritis			+	
Back Injuries				Balance Problems			ļ	
Bladder/Bowel Problems				Blood Clot/DVT				
Blurred/Double Vision				Breathing Difficulties/Asthma				
Cancer				Chest pain				
Chronic Pain/Headaches				Circulation/Vascular Problems				
Constant Unrelieved Pain				Diabetes				
Difficulty Sleeping				Difficulty Swallowing				
Dislocation				Dizziness/Faintness				
Double Vision				Emotional Problems				
Epilepsy				Falls				
Fever/Nausea				Fractures				
Gastrointestinal Problems				Gout				
Groin Numbness				Head Injury				
Heart Attach				Heart Disease				
Heart Surgery				High Blood Pressure				
Jaw Injuries				Kidney Condition/Disease				
Lung Disease				Metal Implants				
Muscular Pain				Neck Injuries				
Nervous Problems				Nigh Sweats/Night Pain				
Obesity				Osteoporosis				
Pacemaker				Peripheral Neuropathy				
Psychological Condition				Ringing in Ears				
Seizures				Shortness of Breath				
Smoking				Stroke				
Tingling/Numbness				Tremors				
Tumors				Unexplained Weight Loss				
Unexplained Weight Loss				Unusual Fatigue/Weakness				
Have you fallen within the pass	•		so, how i		1			
Describe vour problem/reaso	n for y	visit:						



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	did you				0 10. 0				4	= (7			10	
rai	iv: Fleas	se Kate	rour Pai	ın ırom	U-1U: U	1_	2	_3	_4;	50	/	o_	9	10	
Chec	k which	best des													
	Constant Decreasing							Dull/A	chy		Increasing				
	Intromi	ittent			Night F	Pain			Occasional			Pain U	Jpon W	aking	
	_ Sharp I	ain			Static Stiffne				Stiffnes	SS					
Pain i	is aggrav	ated by:					P	Pain is ea	sed by:					_	
How	would yo														
	0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%				
How	would yo														
	0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%				
List a	ny majo	r surgeri	es and ho	ospitaliza	ations:										
								Date:							
								Date:							
I,			· · · · · · · · · · · · · · · · · · ·			have	provide	d all of t	he above	e inform	ation to th	he best	t of my	knowle	dge a
the tir											ng the car				
Signa	iture:									Date:					
-			(patient s	signature)					_					_	
Signa	iture:									Date:					
-			(parent/le	egal guardia	an signatur	e)									



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Treatment Agreement

TENE ATMENIT CONCENTS III	
	orize Prime Fitness Physical Therapy, PC, through its appropriate personnel, to that are deemed necessary by my physician and therapist in the treatment of my
condition.	that are deemed necessary by my physician and therapist in the treatment of my
	NFORMATION: I further authorize Prime Fitness Physical Therapy, PC to furnish
the appropriate agencies, for the purpose of billing,	any information acquired during the course of my treatment and to send me notices ges or email. I acknowledge that Prime Fitness Physical Therapy, PC is released from
all legal liability that may arise from release of my	medical records.
ASSIGNMENT OF BENEFITS: I agree to	assign my therapy benefits to Prime Fitness Physical Therapy, PC for the services in
	r to make payments to Prime Fitness Physical Therapy, PC on my behalf. it is my y insurance and policy as well as name, address and phone changes.
· · · · · · · · · · · · · · · · · · ·	stand that I am responsible for payment of my account and the facility. I hereby do
guarantee payment in full on my account with Prin	ne Fitness Physical Therapy, PC, LLC for treatments and services rendered and does
not take responsibility for negotiating settlements o	of disputed claims. I understand that all co-payments, deductible, and/or coinsurance
is to be paid at time services are rendered. All balar	nces that accrue after the initial insurance payment is received, is due upon receipt.
If the account be referred to an attorney for collect	tions, the undersigned agrees to pay all attorney's fees, court costs, legal and lawful
collections costs in addition to all other sums due.	
ASSIGNMENTS AND AUTHORIZATIO	N TO BILL MEDICARE: If I am a patient covered under Medicare/ Medicaid
program, I understand that I am responsible for 20	0% of Medicare Part B services. I hereby assign and authorize payment to be made
	herein not to exceed the Facilities regular charges for this treatment.
	treated fairly and with respect regardless of your ability to pay for the services you it programs, you'll be offered a prompt pay discount. We also provide reasonable,
	s Physical Therapy, PC reserves the right to seek reimbursement from and all your
	neir contact information, unless you instruct us to bill us directly. All records released
	Prime Fitness Physical Therapy, PC before they are release, regardless of requestor.
Prime Fitness Physical Therapy, PC is HIPAA compli	
Trime reness raysical merapy, reasonable	and with regard to mornidation sharing polices.
By signing this document, I acknowledge that I ha	ave read, understand and agree that the information contained in this document
including insurance benefits and any information I	have presented to verify my own identity including my state issued driver's license,
state issued photo identification card or my passpoi	rt, and if applicable any information used to verify the identity of a minor beneficiary
is current, correct and complete to the best of my k	knowledge. I agree to the financial terms stated above.
I consent to Prime Fitness Physical Therapy, PC rele	easing my protected health information to the following individuals:
Name:	Relationship to Patient:
Name:	
Patient Name Printed:	Date:
Patient Name Signed:	
Guardian/Parent Printed Name:	
Guardian/Parent Signature:	
Witness Signature:	Date:



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PRIVACY POLICY NOTICE

THIS NOTICE DISCLOSES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. Last Updated May 11, 2019

1. Privacy Policy Overview

Prime Fitness Physical Therapy, PC is required by law to protect the privacy of your health information that may reveal your identity, and to provide individuals with notice of its legal duties and privacy practices with respect to health information Prime Fitness Physical Therapy, PC is required to abide by the terms of the Notice currently in effect. You will also be able to obtain your own copy by calling our office at (718)676-4112 or asking for one at the time of your next visit. Prime Fitness Physical Therapy, PC reserves the right to change the terms of its notice and to make the new notice provisions effective for all PHI that it maintains.

This Notice of Privacy Practices and Policies outlines our practices, policies and legal duties to maintain confidentiality and protect against prohibited disclosure of protected health information ("PHI") under the privacy regulations mandated by the Health Insurance Portability and Accountability Act ("HIPAA") and further expanded by the Health Information Technology for Economic Clinical Health Act ("HITECH").

PHI includes your demographic information such as name, address, telephone number, and family; past, present, or future information about your physical or mental health or condition; and information about the medical services provided to you, including payment information, if any of that information may be used to identify you. Your PHI may be maintained by us electronically and/or on paper.

This Notice describes uses and disclosures of PHI to which you have consented, that you may be asked to authorize in the future, and that are permitted or required by state or federal law. Also, it advises you of your rights to access and control your PHI.

We may amend this Notice of Privacy Practices and Policies periodically. The new notice will be effective for all PHI that we maintain at that time. Upon your request, we will provide you with any revised Notice of Privacy Practices or you may obtain a copy by accessing our website at info@primefitnessphysicaltherapy.com or by calling the office, (718)676-4112 and requesting that a revised copy be sent to you in the mail, or asking for one at the time of your next appointment.

We regard the safeguarding of your PHI as an important duty. The elements of this Notice and any authorizations you may sign are required by state and federal law for your protection and to ensure your informed consent to the use and disclosure of PHI necessary to support your relationship with Prime Fitness Physical Therapy, PC

If you have any questions about Prime Fitness Physical Therapy, PC Notice of Privacy Practices and Policies, please contact Elena Vaynshtok, DPT at (718)676-4112 or via email at info@primefitnessphysicaltherapy.com

2. Safeguarding PHI within our Practice

We have in place appropriate administrative, technical, and physical safeguards to protect and to secure the privacy and security of your PHI. We orient our staff to the regulations and policies developed to protect the privacy of your PHI and review their obligation to maintain privacy and security annually. We hold medical records in a secure area within our practice, and our electronic medical record system is monitored and updated to address security risks in compliance with the HIPAA Security Rule. Only staff members who have a legitimate "need to know" are permitted access to your medical records and other PHI. Our staff understands the legal and ethical obligation to protect your PHI and that a violation of this Notice of Privacy Practices and Policies may result in disciplinary action in accordance with our Human Resource policies.



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3. Uses and Disclosures of PHI

As part of our registration materials, we will request your "written consent" for our practice to use and disclose your PHI for the following types of activities:

- Treatment. Treatment means the provision, coordination, or management of your health care and related services by Prime Fitness Physical Therapy, PC and health care providers involved in your care. It includes the coordination or management of health care by a provider with a third-party insurance carrier, communication with lab or imaging providers for test results, consultation between our clinical staff and other health care providers relating to your care, or our referral of you to a specialist physician or facility. We can use our health information and share it with other professionals who are treating you given consent such as a physician treating you for an injury asks us about your overall health condition.
- Payment. Payment means our activities to obtain reimbursement for the medical services provided to you, including billing, claims management, and collection activities. Payment also may include your insurance carrier's efforts in determining eligibility, claims processing, assessing medical necessity, and utilization review. Payment may also include activities carried out on our behalf by one or more of our collection agencies or agents in order to secure payment on delinquent bills.
- Health Care Operations. Health care operations mean the legitimate business activities of our practice. These activities may include quality assessment and improvement activities; fraud & abuse compliance; business planning & development; and business management & general administrative activities. These can also include our telephoning you to remind you of appointments or using a translator if we need to communicate with you in person, or on the telephone, in a language other than English.

When we involve third parties in our business activities, we will have them sign a Business Associate Agreement obligating them to safeguard your PHI according to the same legal standards we follow.

4. Electronic Exchange of PHI

We may transfer your PHI to other treating health care providers electronically. We may also transmit your information to your insurance carrier electronically.

5. Uses and Disclosures of PHI Based Upon Your Written Authorization

Other uses and disclosures of your PHI will be made only with your specific written authorization. This allows you to request that Prime Fitness Physical Therapy, PC disclose limited PHI to specified individuals or companies for a defined purpose and timeframe. For example, you may wish to authorize disclosures to individuals who are not involved in treatment, payment, or health care operations, such as a family member or a school physical education program. If you wish us to make disclosures in these situations, we will ask you to sign an authorization allowing us to disclose this PHI to the designated parties.

6. Uses and Disclosures of PHI Permitted or Required by Law

In some circumstances, we may be legally bound to use or disclose your PHI without your consent or authorization. State and federal privacy law permit or require such use or disclosure regardless of your consent or authorization in certain situations, including, but not limited to:

- **Emergencies.** If you are incapacitated and require emergency medical treatment, we will use and disclose your PHI to ensure you receive the necessary medical services. We will attempt to obtain your consent as soon as practical following your treatment.
- Others Involved in Your Healthcare: Upon your verbal authorization, we may disclose to a family member, close friend or other person you designate only that PHI that directly relates to that individual's involvement in your healthcare and treatment.



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We may also need to use PHI to notify a family member, personal representative or someone else responsible for your care of your location and general condition.

- Communication barriers. If we try but cannot obtain your consent to use or disclose your PHI because of substantial communication barriers and your physician, using his or her professional judgment, infers that you consent to the use or disclosure, or the physician determines that a limited disclosure is in your best interests, Prime Fitness Physical Therapy, PC may permit the use or disclosure.
- **Required by Law:** We may disclose your PHI to the extent that its use or disclosure is required by law. This disclosure will be made in compliance with the law and will be limited to the relevant requirements of the law.
- **Public Health/Regulatory Activities:** We may disclose your PHI to an authorized public health authority to prevent or control disease, injury, or disability or to comply with state child or adult abuse or neglect law. We are obligated to report suspicion of abuse and neglect to the appropriate regulatory agency.
- Food and Drug Administration: We may disclose your PHI to a person or company as required by the Food and Drug Administration to report adverse events, product defects or problems, biologic product deviations as well as to track product usage, enable product recalls, make repairs or replacements or to conduct post-marketing surveillance.
- **Health oversight activities.** We may disclose your PHI to a health oversight agency for audits, investigations, inspections, and other activities necessary for the appropriate oversight of the health care system and government benefit programs such as Medicare and Medicaid.
- **Judicial and administrative proceedings.** We may only disclose your PHI in the course of any judicial or administrative proceeding in response to a court order expressly directing disclosure, or in accordance with specific statutory obligation compelling us to do so, or with your permission.
- Law enforcement activities. In accordance with Vermont state law, we may not disclose your PHI to a law enforcement officer for law enforcement purposes without court order, statutory obligation or patient authorization.
- Coroners, medical examiners, funeral directors and organ donation organizations: We may disclose your PHI to a coroner or medical examiner for the purpose of identifying a deceased person, determining a cause of death, or other lawful duties. We also may disclose your PHI to enable a funeral director to carry out his or her lawful duties. PHI may also be disclosed to organ banks for cadaveric organ, eye, bone, tissue and other donation purposes.
- **Research.** We may disclose your PHI for certain medical or scientific research where approved by an institutional review board and where the researchers have a protocol to ensure the privacy of your PHI.
- **Serious threats to health or safety.** We may disclose your PHI to prevent or lessen a serious and imminent threat to the health or safety of a person or the public.
- Military activity & national security. We may disclose the PHI of members of the armed forces for activities deemed necessary
 by appropriate military command authorities to assure proper execution of the military mission. We also may disclose your PHI
 to certain federal officials for lawful intelligence and other national security activities.
- Worker's Compensation: We may disclose your PHI as authorized to comply with worker's compensation law.
- Inmates of a Correctional Facility: We may use or disclose PHI if you are an inmate of a correctional facility and our practice created or received your PHI in the course of providing care to you while in custody.
- US Department of Health and Human Services: We must disclose your PHI to you upon request and to the Secretary of the United States Department of Health & Human Services to investigate or determine our compliance with the privacy laws.
- **Disaster Relief Activities:** We may disclose your PHI to local, state or federal agencies engaged in disaster relief and to private disaster relief assistance organizations (such as the Red Cross if authorized to assist in disaster relief efforts).

7. Your Rights Regarding PHI

• Right to request restriction of uses and disclosures. You have the right to request that we not use or disclose any part of your PHI unless it is a use or disclosure required by law. Please advise us of the specific PHI you wish restricted and the individual(s) who should not receive the restricted PHI. We are not required to agree to your restriction request, with one exception*, but if we do agree to the request, we will not use or disclose the restricted PHI unless it is necessary for emergency treatment. In that



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case, we will ask that the recipient not further use or disclose the restricted PHI. You may request restrictions and identify the parties to be restricted in writing to the Director of Medical Information.

*If you request that access be restricted to your PHI for services for which you have fully paid yourself out-of-pocket and not be made available to your insurance carrier, we must agree to your request.

- **Right of access to PHI.** You have the right to inspect and obtain a copy of your PHI upon your written request. Under very limited circumstances, we may deny access to your medical records. To request access to your medical record call Prime Fitness Physical Therapy, PC during business hours. We will respond to your request as soon as possible, but no later than 30 days from the date of your request. If access is denied you will receive a denial letter within 30 days. There is an appeals process. We have the right to charge a reasonable fee for providing copies of your PHI.
- Right to confidential communications. You have the right to reasonable accommodation of a request to receive communication of PHI by alternative means or at alternative locations. For example, you may wish your bill to be sent to an address other than your home. Please make your request in writing to Prime Fitness Physical Therapy, PC. We will not require an explanation of your reasons for the request, and will attempt to comply with reasonable requests, but you will be required to assume any costs associated with forwarding your PHI by alternate means.
- **Right to amend PHI.** You have the right to request that we amend your PHI. Your request must be made in writing to us. We will respond to your request as soon as possible, but no later than 60 days from the date of your request. If we deny your request for amendment, you have the right to submit a written statement disagreeing with the denial; Prime Fitness Physical Therapy, PC also has the right to submit a rebuttal statement. A record of any disagreement about amendment will become part of your medical record and may be included in subsequent disclosures of your PHI.
- Right to accounting of disclosures. Subject to certain limitations, you have the right to a written accounting of disclosures by us of your PHI for not more than 6 years prior to the date of your request. We will include all disclosures except for those about treatment, payment and health care operations, and certain other disclosures (such as any you asked us to make). We'll provide one accounting of a year for free but will charge a reasonable, cost-based fee if you ask for another one within 12 months.
- Right to a copy of our Notice of Privacy Practices and Policies. We will ask you to sign a written acknowledgement of receipt of our Notice of Privacy Practices and Policies. We may periodically amend this Notice of Privacy Practices and Policies and you may obtain an updated Notice at any time.

8. Complaint Procedure

- Within our Practice: If you have a complaint about the denial of any of the specific rights listed in Section 7 above, about our Notice of Privacy Practices and Policies, or about our compliance with state and federal privacy law you may get more information about the complaint process by contacting Prime Fitness Physical Therapy, PC at (718)676-4134 or info@primefitnessphysicaltherapy.com. We will respond to your complaint in writing within the time frames listed in Section 7 above or in any case within 30 days of the date of your complaint.
- Outside our Practice: If you believe that Prime Fitness Physical Therapy, PC is not complying with its legal obligations to protect the privacy of your PHI, you may file a complaint with the Secretary of the U.S. Department of Health & Human Services, Office of Civil Rights by sending a letter to 200 Independence Avenue, S.W. Washington, DC 20201, calling (877)696-6775, or visiting www.hhs.gov/ocr/privacy/hipaa/complaints/.
- We will not retaliate against you for filing a complaint.

9. Marketing & Fundraising

• **Fundraising Use:** Prime Fitness Physical Therapy, PC may contact you for fundraising efforts, but you can tell us not to contact you again.



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- Marketing Use: Prime Fitness Physical Therapy, PC shall obtain a patient authorization for use or disclosure of PHI for marketing purposes. If the marketing is expected to result in direct or indirect remuneration from a third party, the individual shall be notified that such remuneration is expected.
- 10. Effective Date. This Notice is effective as of 5/11/2019

Acknowledgement of Receipt of Notice of Privacy Practices

description of the uses and disclosures of my lits <i>Notice of Privacy Practices</i> at any time a	derstand Prime Fitness Physical Therapy, PC Not nealth information. I further understand that Prime Fi and that I may receive an updated copy of Prime F writing for a current copy of Prime Fitness Physical T	itness Physical Therapy, PC may update Fitness Physical Therapy, PC <i>Notice of</i>
Printed Patient Name	Signed Patient Name	Patient Signature Date
If completed by patient's personal representa	tive, please print name and sign below.	
Printed Patient Representative Name	Patient Representative Signature	Signature Date
-	Relationship to Patient	
For Prime Fitness Physical Therapy, PC C	Official Use Only	
Complete this form if unable to obtain signat	ure of patient or patient's personal representative.	
Prime Fitness Physical Therapy, PC made a <i>Practices</i> but was unable to do so for the reas	a good faith effort to obtain patient's written acknown documented below:	owledgement of the Notice of Privacy
☐ Patient or patient's personal representati	ve refused to sign	
☐ Patient or patient's personal representati	ve unable to sign	
□ Other		
Printed Employee Witness Name	Employee Witness Signature	